

*Join us for this 4-Week Fall 2024 Innovation Series Workshop....*

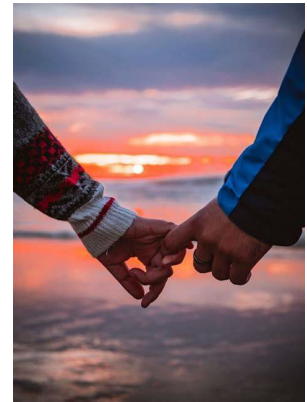


## Sex and Intimacy

Wednesdays, October 2, 9, 16 & 23

1:30 to 3 p.m.

Family Caregivers Center of Mercy  
901 8<sup>th</sup> Ave. SE, Cedar Rapids 52403  
(In-person Meetings)



Chronic conditions such as Dementia, Cancer, Parkinson's, Diabetes, Heart Disease, and many others can affect relationships in a variety of ways. This 4-session workshop will explore feelings, behaviors, attitudes, and possible relationship changes that may occur between a caregiver and the person for whom they care in the areas of sex and intimacy. Each session will include an educational presentation and follow-up discussion.

- ❖ Meet and talk with other caregivers and knowledgeable facilitators.
- ❖ Come and learn about new ideas and research.
- ❖ Facilitated by Center Volunteer Peg O'Rourke and Joe Sample, PhD, Iowa State University Lecturer.



Please register by September 25 by calling the Family Caregivers Center at (319) 221-8866 or emailing [fccg@mercy.org](mailto:fccg@mercy.org).

*Space will be limited to a maximum of 10 participants with priority to new attendees.*